Beth is a mother, a wife, a teacher and a proud dog mama. Growing up in Montreal, Beth fell in love early with the institute of Les Canadiens. Her family later moved to Ottawa where Beth attended Carleton University; she also became an avid sailor and worked with the Bytown Brigantine. After graduating, Beth ventured off to England to study and become a teacher on a scholarship from Exeter University. Beth has been teaching ever since- in fact over the past two decades, Beth has taught from Kindergarten to Grade 12! She is currently running through the forest with many enthusiastic and curious students as she is an Outdoor Education Interpreter with the Rideau Valley Conservation Authority.

Beth became a member of Kemptville Youth Centre soon after one her own children began attending. She loves to support her community; Beth strongly believes that community service and volunteerism are an investment in the community and those who live in it.