

Sydney joined the Board of Directors in January 2023. Sydney has lived in Kemptville since 2004, growing up in the area and experiencing first hand the need for support for youth. Sydney has two children, one bonus and one bio, that inspire her every day and fuel her passion of advocating for youth. Sydney has a Master of Arts in Counselling Psychology and works as a Registered Psychotherapist (Qualifying) at the Kemptville Stress Relief Centre. Sydney's passion for advocacy and social justice has encouraged her participation in volunteer work with Kids Help Phone as a crisis counsellor, and participating in community events with the KSRC such as Take Back the Night and the NG Pride event. In her previous career, Sydney volunteered as chair of a pride committee that created regular newsletters in hopes to create a safer space for her fellow LGBTQIA+ co-workers. In her spare time, she loves to read, write poetry, and perform solo concerts in her car.